



# Co-curricular Policy

**Saint Ignatius' College is unique in its approach to co-curricular involvement and its encouragement of student participation in not only a number of activities but also in a variety of activities. The College offers a number of co-curricular activities which include: Chess, Debating, Drama, Future Problem Solving, Music, Musicals, Public Speaking, Tournament of Minds, and a wide variety of sporting teams.**

*'Co-curricular can be a great means of forming students of character..., through the various co-curricular activities a student can learn about oneself and hence is able to set goals for ones' growth..., forming students of competence, conscience, compassion and commitment.'*

# 1 CO-CURRICULAR ACTIVITIES

## General Expectation

- 1.1 A full involvement in the Co-curricular programme of Saint Ignatius' College is vital for all students. Jesuit Education is concerned with the development of the whole person. Therefore, a genuine participation in the co-curricular programme at Saint Ignatius' College is a central element of our educational process and not an 'optional extra'. The co-curricular programme at the school provides the young person with:
- The opportunity to represent one's school.
  - The opportunity to experience activities which may become a life-long interest.
  - The opportunity to learn about commitment, team or group work and generosity as part of a team or ensemble or troupe.
  - The opportunity for character development (e.g. in competitions, learn to win or lose graciously – humble in victory and gracious in defeat).
  - The opportunity to develop new friendships outside of one's own group.
  - The opportunity to gain enjoyment from participation.
  - The opportunity for improved skill development in a variety of pursuits.
  - The opportunity to develop an effective work ethic.
  - The opportunity to exercise, which is vital for growing bodies.
- 1.2 Non-participation in the co-curricular programme is not an option. Students with physical or medical difficulties will be asked to explore ways by which they can profit from a modified contribution to a sport or team, e.g. as team scorer, timekeeper etc. Parents/Guardians are asked to contact the Director of Arts and Activities for non-sporting activities or the relevant Director of Sport (Boys or Girls) for sporting activities.
- 1.3 Once a commitment to a sport or activity is made it must be honoured throughout the entire season. Team nominations are made well in advance and if students fail to fulfil their commitments then all suffer. If clashes exist between co-curricular activities, negotiation between co-curricular heads and the student(s) involved will enable a compromise to take place. Students must also be aware that if they select more than the minimum requirements, then they must commit to each activity in its entirety. They are not able to withdraw from an activity once they have committed to it. The College appreciates that many students take part-time jobs, but students must undertake their employment on days when they are not required for a College activity. Saturday work which precludes participation in a school team is not acceptable.
- 1.4 House Activities complement the inter-school competitions. The College will conduct a number of intra-school House competitions throughout the year such as Athletics, Swimming, Volleyball, Chess and Debating.
- 1.5 All Middle Years students are required to be involved in a co-curricular activity every Term, and they are encouraged to attempt a range of different sports and co-curricular activities during their time in the Middle Years. At least one sporting activity must be included every year and with reference to the sporting policy below, students who play sport for a club must represent the College in the same sport if offered.
- 1.6 A student may choose to do a sport every term or some terms may be devoted to a non-sport co-curricular activity such as Music, Debating, Chess, Drama, etc.
- 1.7 The school and the student's classmates form the primary community for the school student and as such, school teams and activities always take precedence over district and local clubs.
- 1.8 Students in Years 10 and 11 are required to participate in two co-curricular activities throughout the year, one of which is a sport, and are encouraged to be part of one of the performance activities within the College (Drama, Debating, Tournament of Minds, Music, etc.). Students in Year 12 are required to participate in at least one co-curricular activity during the year.
- 1.9 Students may elect to play in club or local competitions in addition to completing their co-curricular requirements. In these situations, school must come first and an able competitor should ensure that school teams do not suffer through any request which would give priority to external competitions at the expense of College teams. Students who play sport(s) for a club must also participate in that same sport(s) for the College if offered by the College. College teams must always take priority over district and local clubs as the College and student's classmates form the primary community for the College student. (Students who play a variety of club sports, which would result in them undertaking more than the minimum co-curricular requirement, should fulfill their requirements by selecting the club sports they excel at. This assessment will be at the discretion of the Directors of Sport and Teachers in Charge, in consultation with parents.)
- 1.10 If a student has an interest in a variety of different sports and activities, that student should investigate how they can make the best contribution to the College prior to making any decisions or commitments to external competition.
- 1.11 If parents wish their son/daughter not to compete in a particular term or season or if they wish to do an activity which is not offered by the school, they should make written requests for sport to the Directors of Sport or the Director of Arts and Activities for non-sporting activities. As the College is part of inter-school programmes, we have commitments regarding the number of teams we contribute to these competitions. While willing to exempt students from a term or season, the needs of the school is also a consideration.

## 2 SPORTING ACTIVITIES

- 2.1 If a student wishes to play a sport not offered for their age or gender, negotiations must take place with the relevant coaches and Directors of Sport.
  - 2.2 Students who play at a State or National level within a sport must play the same sport for the College. However, training and playing commitments may be negotiated with the Deputy Headmaster and Directors of Sport if external 'demands' are high. If the student involved continues to play for their club then they must also commit to a negotiated number of school games during this period, as decided upon by the Deputy Headmaster, Directors of Sport and parents. It is envisaged that this 'arrangement' will enhance the overall development of the student in that sport.
  - 2.3 Students must attend all trainings and matches. College trainings and matches take priority over club trainings and matches, including students involved in 'development squads' outside of the College. Some negotiation will be considered by the Directors of Sport and Teacher in Charge of the relevant sport if it is believed that the student will further develop their skills by attending these 'external' activities.
  - 2.4 Students and parents are expected to support the 'Sport Code of Conduct'. Behaviour must always be exemplary and the utmost respect must be demonstrated towards all opponents and officials. (See point 3 for Code of Conduct)
  - 2.5 Correct College sporting attire/uniform must always be worn correctly. This includes all safety equipment, as specifically directed by the Teacher in Charge and/or Directors of Sport. (e.g. Mouthguards for all footballers).
  - 2.6 Any issues arising from matches and/or trainings involving students, parents and/or spectators must always be communicated through the Directors of Sport and/or Teacher in Charge. This is particularly important when dealing with other Colleges.
  - 2.7 Students must exercise responsibility, ensuring that they collect all relevant information for weekend matches from the sports notice boards and the College website. Draws will also be accessible from the College website under the "Co-curricular Update" link on the home page.
  - 2.8 Students must produce a Parental/Guardian written request for any absence/illness from training and/or matches. This must be sighted by the relevant coach or Teacher in Charge. This note must be produced in advance (where possible) and it is the responsibility of the student to find and inform the coach or Teacher in Charge. In case of illness during the week, a phone call to reception is required. On match days, a phone call is to be made to the Directors of Sport or Teacher in Charge prior to 7:30 am. Effective communication by students to coaches is absolutely essential. Failure to do so will result in consequences being imposed.
- 2.9 Firsts / Open A Teams**
- 2.9.1 The selection of Firsts/Open A teams is to be regarded as an outstanding achievement and is an honour for students. Consequently, conduct and presentation both on and off the sporting field is to be exemplary. Students will be expected to set an outstanding example to their younger peers. Any inappropriate conduct on or off the field will jeopardise the future selection of a student at that level.
  - 2.9.2 The level of commitment displayed through trainings, previous years involvement and general contribution to College life, can also be considered when assessing the suitability of a student's selection.
  - 2.9.3 Selection of under-age players in Firsts/Open A teams is possible. Assessment of the 'ability' and capability at Firsts/Open A level of a player is decided upon by the Directors of Sport and Teacher in Charge after discussion with the relevant coaches and a submission for promotion is presented. Final approval will be granted by the Deputy Headmaster. Consideration of emotional and physical maturity will be essential for students in Years 7-9 who are being considered for selection in Firsts/Open A teams. This assessment will be made by the coach of the original team, the Directors of Sport and Teacher in Charge. The impact on the original team must also be considered in this decision.
  - 2.9.4 Discussion with Parent/Guardian together with written consent will also be required for any Year 7-9 student selected in a Firsts/Open A team.
  - 2.9.5 Selection of a Year 7-9 student into a Firsts/Open A team will be based on the philosophy that the development of the student is of prime importance, rather than increasing the potential success of the team.
  - 2.9.6 Students in Years 7-9 must have played a minimum of 2 games and committed to all training sessions for their year level/junior team before being considered for Firsts/Open A selection. Pre-season competitions and trials will be considered within the above game allocation on the proviso that they mirror the relevant association competition conditions. This decision will be made at the discretion of the Directors of Sport. Students must also have demonstrated a high level of performance across all games in their year level/junior team, including previous years. This assessment of performance will be made by the relevant Year Level Coach, Directors of Sport and Teacher in Charge.
  - 2.9.7 Exception to (7) may be granted if the student considered for selection has been recently selected in a State or National underage team.

## 2.10 Year Level Teams

- 2.10.1 All students are to be given the opportunity to fully participate in their chosen sport. This includes playing a variety of positions.
- 2.10.2 Where there are an excess number of students involved in a sporting team, all students will be given an opportunity to contribute evenly throughout the sporting season. Rotation of all players will be necessary in middle years teams. This is to ensure all students have the opportunity to develop their skills, therefore improving the 'depth' of players within a team, rather than relying on a few 'outstanding' players. This may vary due to individual circumstances.
- 2.10.3 Exception to (2) may be necessary if the skill level of a student is regarded as being too low, causing safety concerns for that student if they were to participate in competition. Assessment of skill level will be undertaken by the Directors of Sport, Teacher in Charge and relevant coach in discussion with Parent/Guardians. In such circumstances the student involved will continue to train and develop their skills until they are proficient enough to warrant selection.
- 2.10.4 The selection of 'A' and 'B' grade teams will be undertaken by team coaches in consultation with the Teacher in Charge. Criteria for selection will be based upon application and commitment to trainings as well as performances in internal trials and/or pre-season activities. Any disagreement with selections must be directed to the relevant Teacher in Charge who may make changes if they see fit to do so.
- 2.10.5 Students may move between grades (A, B, C) throughout a season within a year level/competition (in accordance to association rules). Consistently high performance may result in students moving up grades. Team coaches, in consultation with the Teacher in Charge will monitor student progress and make adjustments where warranted.
- 2.10.6 Students must ensure that all training requirements are met in order to be selected for their sport. Failure to meet requirements without appropriate notification will result in consequences being imposed.
- 2.10.7 Promotion of students to a higher year level/team may be considered if it is believed that the development of the student will be enhanced. Assessment of their ability and suitability will lie with the Directors of Sport, Teacher in Charge and Year Level coach. If the student does not commit purposefully to their original team (i.e. attend all trainings and matches) then promotion will not be considered. *An official 'Promotion Application' will need to be issued by the coach or Teacher in Charge for an assessment of suitability to be undertaken. Final approval will be granted by the Deputy Headmaster, in consultation with the Directors of Sport and relevant Teacher in Charge.*

## 3 CODE OF SPORTING CONDUCT - Players, Coaches & Spectators

- The Co-Curricular Sports program at Saint Ignatius' College provides students with a wide range of activities. This is an important component within the development of the whole person and assists in developing many "relationship" skills as well as providing students with an opportunity to be active.
- Saint Ignatius' College has a fine reputation not only for its academic excellence but also for its large and enthusiastic participation within the sporting activities. Therefore it is expected that all members of the Ignatian community represent the College in a manner that is keeping with this established reputation.

### 3.1 Player Expectations

- Players must attend all designated training sessions and games.
- Any player unavailable for training or games must inform either their coach, Teacher in Charge or Director of Sport in advance.
- Players must arrive to venues at least 20 minutes before the specified starting times.
- Players must wear correct sports uniform as listed in the College Diary.
- Players are to participate to the best of their ability.
- Players will be humble in victory and gracious in defeat.
- Arguing and/or remonstrating with umpires/officials is unacceptable.
- Verbal and physical intimidation of opposition team members is unacceptable.
- Players are to shake hands with their opponents at the conclusion of matches.
- Players will be supportive and encouraging towards team mates at all times. All comments will be positive.
- All players should attempt to display leadership qualities – you don't have to be the captain to be a leader.

### 3.2 Coach Expectations

- Teach your players to abide by and follow the rules.
- Coaches will lead by example, displaying good sportsmanship and respect for opposition and officials at all times.
- Remember that children participate for pleasure and that winning is only part of the fun.
- Ensure all participants have a reasonable chance of success.
- All players are worthy contributors to the team and as such a fair rotation system of players should be used.
- Attempt to keep up to date with the latest coaching practices.
- Make players aware of the positive benefits of participation in sporting activities.  
Always be positive when communicating with players. Never ridicule or yell at a player for making a mistake.

### **3.3 Spectator Expectations**

- Focus on a child's efforts and performance, rather than winning or losing.
- Always be positive when communicating with children. Never ridicule or yell at them for making a mistake.
- Support all efforts to remove verbal and physical abuse from sporting activities.
- Respect officials' decisions and teach children to do likewise.
- Show appreciation of volunteer coaches, officials and administrators. Without them, your child could not participate.
- Remember that children learn best by example. Applaud good play by all teams.

**Co-curricular Awards**

**AWARDING OF COLOURS FOR SPORTING ACTIVITIES**

**1. Procedure**

Nominations will be called for by the Directors of Sport at the conclusion of each sporting season from all Senior team coaches. After consideration and approval by the Directors of Sport, Director of Arts and Activities, Deputy Head – Senior School and Headmaster, the award will be conferred.

**2. Guidelines for awards**

It is essential that the nominee will have shown outstanding commitment to the activity throughout his/her time at the College. All award levels will only be considered if the student meets the following base criteria:-

- **Consistent attendance (at least 80%) at practice and games**
- **Enthusiastic and supportive involvement in training activities**
- **Co-operative and positive attitude towards team members and coach**
- **Support of the College’s Code of Sporting Conduct**

**3. Regulations concerning the awarding of colours for sporting activities**

Students of any year level can be awarded colours for sporting activities as long as they meet the specified criteria. Students are eligible to wear the award on their blazer once they are in the Senior Years.

**4. Levels of awards**

*Awards will be conferred according to the criteria set out below.*

<b>Stripes</b>	<b>Half Colours</b>	<b>Full Colours</b>
<b>Coloured band on blazer pocket</b>	<b>Red/Blue wording on blazer pocket</b>	<b>Gold wording on blazer pocket</b>
A student who has participated in the highest team that the College fields in a particular sport (normally Open A/Firsts but could be Open B if no Open A team exists) for two consecutive years can be nominated for <b>Stripes</b> .	A student who satisfies the <b>Stripes criteria</b> and who has shown outstanding team leadership and/or talent that has significantly enhanced the team’s performance and who has satisfied one of the criteria below can be nominated for <b>Half Colours</b> : <ul style="list-style-type: none"> <li>- <b>Has won a College Loyola Award in either of the two consecutive years.</b></li> <li>- <b>Has been awarded captaincy or vice-captaincy in either of the two consecutive years.</b></li> </ul>	A student who satisfies the <b>Stripes criteria</b> and who has shown outstanding team leadership and/or talent that has significantly enhanced the team’s performance and who has satisfied one of the criteria below can be nominated for <b>Full Colours</b> : <ul style="list-style-type: none"> <li>- <b>Has won a College MVP or other Perpetual Award in either of the two consecutive years.</b></li> </ul>

**5. Order of awards**

If a student is awarded **Stripes** in a particular activity then they will not receive another award in that activity until they fulfil the requirements for **Half Colours**. Similarly, once students are awarded **Half Colours** they cannot then receive another award until they fulfil the requirements for **Full Colours** in that particular activity.

**6. Individual Sport Particulars/Differences/Exceptions**

*The information below highlights some differences for particular sports – the general guidelines for awards must still be met.*

**Aerobics**

All awards have the condition of three consecutive years’ involvement.

**Athletics**

All awards have the condition of three consecutive years’ involvement. Participation in one or more of the Interschool Carnivals each year (Achilles Cup; Catholic Co-Educational Athletics; Catholic Girls’ Athletics) is also necessary. Modification of training attendance may be given to individuals who are in high performance training squads outside of school by the Teacher in Charge of Athletics.

**Cross Country**

All awards have the condition of three consecutive years’ selection in the Interschool Cross Country Events including the State Championships, 100km and 50km Relays. Competing in Wednesday afternoon competitions is desirable but will not be deemed essential for awards to be conferred.

**Rowing**

All awards have the condition of three consecutive years’ involvement. Competition at regattas and involvement in the top level crew is essential for awards to be conferred.

**Swimming**

All awards have the condition of three consecutive years’ selection in the Interschool Teams – availability for Wednesday afternoon competitions is necessary for the award to be conferred. Participation in one or more of the Interschool Carnivals each year (Catholic Co-Educational, SASSSA, Catholic Girls) is also necessary. Modification of training attendance may be given to individuals who are in high performance training squads outside of school by the Teacher in Charge of Swimming.

**7. Special Circumstances**

In special circumstances where injury/illness prevents a student from participating fully in a season, Stripes or Half Colours may be awarded. These awards may be given if the student continues to display a commitment to that sport through assistance at training and games and by undertaking administrative duties. These awards are given at the discretion of the Teacher in Charge or coach of the sport and must be approved by the Directors of Sport, Director of Arts and Activities, Deputy Head – Senior School and Headmaster. Full Colours cannot be awarded under special circumstances.

## Co-curricular Awards

### 8. Jesuit Carnivals

Students who are selected in a Jesuit Carnival team (excluding the Junior Schools Jesuit Carnival) will receive **Stripes** in recognition of their commitment to that sport. If a student has already received Stripes for that particular sport then the award will not be conferred again, but their involvement will be taken into consideration when selecting Half Colours for that sport. If a team wins a Jesuit Carnival then members of that team will receive Half Colours.

### 9. Number of Awards Conferred

There should be no set number of Stripes, Full or Half Colour awards for each sport. Colours will be awarded to students who fulfil the criteria.

## AWARDING OF COLOURS FOR OTHER CO-CURRICULAR ACTIVITIES

### A. Chess

Nominees will have spent three years in Chess teams in the Senior School, will have played in 70% of the matches each year, and will have been faithful to practice.

### B. Drama

Colours will be restricted to students involved in School productions. Nominations are at the discretion of the Head of Drama.

### C. Music

Nominees must have spent a minimum of three years in at least one of the Senior ensembles each year, to have a leadership role in their ensemble and will make active contributions to Music within the College. Nominations are at the discretion of the Head of Music. A maximum of four Full Colours may be awarded each year.

### D. Debating

Nominees will have participated in 70% of the Debating contests organised by the College over three years in the Senior School. Three Full Colours may be awarded each year.

### E. Tournament of Minds/Future Problem Solving

Nominees must have participated for a minimum of three years, with regular commitment which includes attendances at practices and a sense of team work.

## The Awarding of College Blues

This award is intended to be significantly difficult to achieve. It will only be awarded to students of Year 12 who have performed in a consistently outstanding manner in any College activity throughout their time at the College. The recipient of this will be awarded a Blues tie or scarf. Any such student would be duly honoured on Speech Day.

College Blues will not be awarded to students who may excel in activities outside of the College. Retrospective awards may, however, be made to those who have excelled in a non-College activity. Such recipients become eligible for the award five years after they have graduated from the College.

## Co-curricular Requirements

These arrangements are provided as a guide only and are subject to change.

### Sports Across Seasons

ATHLETICS (Years 7 to 12)

#### Requirements

- 2 after school trainings
- Co-ed Carnival (if selected)
- Girls' Carnival (if selected)
- Achilles Cup (if selected)

CROSS COUNTRY (Years 7 to 12)

#### Requirements

- 1 morning training per week (all year)
- Wednesday after school competition (Term 2 & 3)
- 100km, 50km Ekiden Relay, SASSA and SA Athletics Championships if selected

AEROBICS (Years 7 to 12)

#### Requirements

- 3 practices per week, 2 x 1 hour am training and a 2 hour session on Friday afternoons, Terms 1, 2 & 3
- Extra practices closer to competitions
- State Finals in June
- Nationals in August (cost involved)

### Summer Sports – Term 1 & Term 4

BOYS/GIRLS TENNIS (Years 7 to 12)

#### Requirements

- 1 after school or morning practice per week
- Matches Saturday mornings, except Year 7 boys' games which are Fridays after school

BOYS BADMINTON (Years 8 to 12)

#### Requirements

- 1 after school/morning/lunch practice per week
- Matches Saturday mornings

BOYS CRICKET (Years 7 to 12)

#### Requirements

- 2 practices per week (Years 10 – 12)
- 1 practice per week (Years 7 – 9)
- Matches Saturday mornings for Years 7 – Second XI
- First XI matches Saturday afternoons

BOYS VOLLEYBALL (Years 10 to 12)

#### Requirements

- 1 after school/morning/lunch practice per week
- Matches Friday after school

BOYS & GIRLS WATER POLO (Years 7 to 12)

#### Requirements

- 1 morning practice per week at Payneham Swimming Centre
- 1 extra morning of swimming training is also encouraged
- Boys' matches Friday after school
- Girls' matches Thursday after school

BOYS & GIRLS SWIMMING (Years 7 to 12)

#### Requirements

- 1 morning practice per week at Payneham Swimming Centre
- Wednesday after school competition
- 4 evening carnivals in Term 1 at the Aquatic Centre

GIRLS TOUCH FOOTBALL, BASKETBALL, SOFTBALL, VOLLEYBALL (Years 7 to 12)

#### Requirements

- 1 morning/after school practice per week
- Matches Saturday mornings

### Winter Sports – Term 2 & Term 3

BOYS SOCCER & FOOTBALL (Years 7 to 12)

#### Requirements

- 2 after school practices per week (Years 10 to 12)
- 1 after school practice per week (Years 7 to 9)
- Matches Saturday mornings

BOYS BASKETBALL (Years 7 to 12)

#### Requirements

- 2 morning practices per week (Years 10 to 12)
- 1 morning/after school practice per week (Years 7 to 9)
- Matches Saturday mornings

GIRLS NETBALL, BADMINTON & SOCCER (Years 7 to 12)

#### Requirements

- 1 morning/after school practice per week
- Matches Saturday mornings

GIRLS & BOYS HOCKEY (Years 7 to 12)

#### Requirements

- 1 practice per week
- Years 7 – 9 games Wednesday after school
- Senior games Saturday mornings

GIRLS & BOYS TABLE TENNIS (Years 7 to 9)

#### Requirements

- 1 lunchtime practice per week
- Matches Fridays after school

GIRLS & BOYS SQUASH (Years 7 to 12)

#### Requirements

- 1 after school practice per week, off campus at Norwood
- Matches Fridays after school – Norwood, Prince Alfred College, Turramurra, Walkerville

## Co-curricular Requirements

### Music

#### SENIOR CONCERT BAND

##### Requirements

1 - 2 rehearsals per week (Morning & Lunch)  
Full year commitment  
Some evening and weekend concerts throughout the year

##### Other Relevant Information

Members are expected to attend the Music Camp/Tour  
Open to all Year 10-12 students by audition

#### STAGE BAND

##### Requirements

1 - 2 rehearsals per week (Morning and Lunch)  
Full year commitment  
Some evening and weekend concerts throughout the year

##### Other Relevant Information

Members are expected to attend the Music Camp/Tour  
Open to all Year 10-12 students by audition

#### CHAMBER PLAYERS

##### Requirements

1 rehearsal per week  
Full year commitment  
Some evening and weekend concerts

##### Other Relevant Information

Members are expected to attend the Music Camp/Tour  
Open to all students by audition

#### IGNATIUS ORCHESTRA

##### Requirements

1 rehearsal per week.  
Sectional rehearsals may be required also.  
Full year commitment  
Some evening and weekend concerts

##### Other Relevant Information

Orchestra members are expected to attend the Music Camp/Tour  
Open to all students

#### CONCERT CHOIR

##### Requirements

1 rehearsal per week  
Full year commitment  
Some evening and weekend concerts

##### Other Relevant Information

Open to Years 7 – 12

#### SENIOR VOCAL ENSEMBLE

##### Requirements

2 rehearsals per week (Lunch)  
Full year commitment  
Some evening and weekend concerts

##### Other Relevant Information

Ensemble members are expected to attend the Music Camp  
Open to Years 10 - 12, by audition

#### LEGATO ENSEMBLE

##### Requirements

1 rehearsal per week (Lunch)  
Full year commitment  
Some evening and weekend concerts

##### Other Relevant Information

Open to Years 7 - 11

#### ALOYSIUS CONCERT BAND

##### Requirements

1 rehearsal per week (After School)  
Full year commitment  
Some evening and weekend concerts

##### Other Relevant Information

Students who are learning a wind or brass instrument are encouraged to join this ensemble.  
Open to Years 7-9

#### LITURGICAL ENSEMBLE

##### Requirements

1 rehearsal per week (lunch)  
Full year commitment  
Involvement in weekly Masses

##### Other Relevant Information

Open to all students, by audition

#### BELLARMINE STRING ORCHESTRA

##### Requirements

1 rehearsal per week (Lunch)  
Full year commitment  
Some evening and weekend concerts

##### Other Relevant Information

Open to Year 7 to Year 10 students  
Rehearsals at the Senior Campus

#### BELLARMINE CONCERT BAND

##### Requirements

1 rehearsal per week (After School)  
Full year commitment  
Some evening and weekend concerts

##### Other Relevant Information

Suitable for students who have been playing a wind, brass or percussion instrument for at least one year.  
Open to Years 9, 10 & 11

## Co-curricular Requirements

### Chess

#### Requirements

Terms 2 and 3 as a winter activity.

Years 7 - 12: Secondary Schools Competition.

Secondary Schools Competition plays every second week on Friday night at the Chess Centre. A maximum of seven rounds are played in these team competitions over two terms.

Fortnightly after school coaching is compulsory for all years except for students who undertake coaching outside of the College.

- Lunchtime Chess Club is available as an activity.
- Library has growing collection of chess literature for study purposes.
- Students are also encouraged to play in tournaments run by the S.A. Junior Chess League.

### Debating

YEARS 7, 8 & 9

Activity spans Terms 1, 2 & 3.

At least 1½ hours preparation with team for each debate, plus time for researching and writing up debate at home.

Preparation takes place after school on Tuesday afternoons.

The College belongs to the South Australian Debating Association which holds their Year 7 to Year 9 debates on Tuesday evenings.

Students are committed to prepare for and attend 5 debates, plus up to 4 or 5 final debates, if in Finals.

For Year 7, debates take approximately 45 minutes, plus travel time to venue.

For Years 8 & 9 debates take approximately 1 hour, plus travel time to venue.

#### Requirements

Attendance at weekly coaching sessions. Attendance at **all** debates in which the team is involved. Attendance at debating workshops as notified through the year. Attendance to House debating competitions during lunchtimes. Commitment to the team effort.

YEARS 10, 11 & 12

Activity spans Terms 1, 2 & 3

Approximately 1½ hours preparation with team for each debate, plus time for researching and writing up debate at home

Preparation takes place after school on Wednesday afternoon.

For Year 11 and 12 debating is on Wednesday evenings.

Year 11 committed to 4 debates.

The South Australian Debating Association holds their Year 10 debates on Wednesday evening. For Year 10, debates take approximately 1½ hours, plus travel time. For secret topic debates, allow 3 hours, plus travel time.

Year 12 committed to 4 debates (plus up to 4 final debates, if in finals).

Debates take approximately 1½ hours, plus travel time to venue. For Secret Topic debates allow 3½ hours, plus travel time.

#### Requirements

Attendance at weekly coaching sessions. Attendance at all debates in which the team is involved. Attendance at debating workshops as notified through the year. Attendance to House debating. Commitment to the team effort.

- \* All students are encouraged to attend SADA Workshops, which are mostly on Sunday afternoons, and to try out for the State Team, while doing them.
- \*\* Students are also expected to make themselves available for inter-school debates, which will be arranged towards the end of Term 3 and in Term 4.

### Drama/Musicals

#### Requirements

For performance both Drama/Musicals rehearsals take approximately 2 Terms - from initial auditions to final performance.

Auditions are held prior to casting. It is important that students are aware that if they are chosen to be in the production that they are not allowed to withdraw.

Students are to rehearse on 1 afternoon after school (4.00-6.00pm) and usually 1 day on the weekend, being Sunday.

As the performance dates near, rehearsals become more intense and Sunday rehearsals are all day.

Students have approximately 3 days off school during production week (for technical run at Theatre).

Students and parents are to be aware of the commitment and importance of rehearsals.

Parents and students are to be aware of costume requirements, a minimum fee and be prepared to assist costume designers.

### Future Problem Solving

#### Aims

- To develop thinking skills: critical, creative, futuristic
- To develop research skills
- To develop oral and written communication skills
- To research topics not usually in the curriculum
- To learn how to work together as part of a team

#### Requirements

Years 7-11

- Teams of 4 - usually same year level
- Terms 1, 2, 3 (Term 4 if successful and invited interstate to National Final in October)
- Meet twice per week - Lunchtimes/one Saturday per term (Resource day at various schools)
- Commitment to the team effort
- Creative thinkers
- Desire to do something different

#### Other Relevant Information

- End product - written booklet
- 2 Practice problems, no time limit; 3rd and qualifying problem, 2-hour limit; and Final, 2 hour limit
- National Finals in Melbourne or another capital city in mid-October

## Co-curricular Requirements

### Public Speaking

Activity spans Terms 1, 2 & 3.

Open to all year levels, students will have the opportunity to compete in a range of public speaking competitions including the Rostrum Voice of Youth, Junior Legacy and Plain English Public Speaking. Competitions are open to students in Junior (Under 15) and Senior (Under 18) divisions. Students may also have the opportunity to undertake a 'Voice and Communication' examination as per the Australian Music Examinations Board (A.M.E.B.) Speech syllabus. An examination fee, set by the A.M.E.B., accompanies this option.

Students learn how to write and present both prepared and impromptu (short notice) speeches. Emphasis is also placed on effective speech structure and effective vocal techniques.

Preparation:

A commitment is needed to attend at least one lunchtime session (or one after school session). Students entering competitions may be required to present at Heat, Semi-Final, State Final and National Finals, according to selection. Travel to and from competition venues is required. Competition heats are usually two hours in duration and competitions are held on week-day afternoons or Saturdays.

### Tournament of Minds

#### Aims

- To develop open ended problem solving and divergent/creative thinking
- To develop team co-operation
- To develop curiosity and a sense of humour

#### Requirements

Year 7-10

- Teams of 7 (7, 8, 9) or (8, 9, 10) or (7, 8) or (8, 9)
- Terms 2 & 3 (Tournament Day, mid September).
- Meet once per week – before or after school. During the six-week period for the long-term problem, students will need to arrange extra meetings.
- Students will need to be willing to make a commitment to the team effort.
- The final product is a short (10 minute) Drama skit.

#### Other Relevant Information

Two parts

1. Long Term Problem in one of these areas – Applied Technology, Language/Literature, Maths/Engineering, Social Science - 6 weeks to solve and devise solution presented as a ten-minute Drama skit, presented on Tournament Day
2. Spontaneous Problem - on Tournament Day, at Flinders University

Winning first place results in the team competing in the National Final in late October at a state Capital City.

## Instrumental Music Options

Instrumental/Vocal Music Tuition is offered to all new students through the College, Years 3 - 12, from visiting specialist teachers. The College aims to give all students an opportunity to learn an instrument from the following:

#### Brass

Trumpet, Trombone, French Horn, Tuba, Euphonium

#### Strings

Violin, Viola, 'Cello, Double Bass

#### Woodwind

Flute, Clarinet, Alto or Tenor Saxophone, Oboe

#### Percussion

Orchestral Percussion (College facilities may be used) or Drum Kit

#### Others

Classical/Jazz/Rock Guitar, Bass, Piano, Voice

When choosing an instrument it is important to consider the opportunities available for participating in a College or Community Ensemble. If students are unsure of their choice, they are advised to talk to a member of the College Music Staff.

Students may hire instruments directly through 'Musicorp' Students are responsible for the welfare of their instruments and, in some cases, the maintenance.

During the school year there will be a minimum of 30 half-hour lessons for Years 3 - 11, and 25 lessons for Year 12, at a cost of \$27.00 per lesson. Parents will be billed each term for Tuition.

Each student will purchase a Music Diary which will be used to record repertoire and practice times. It may also be used as a means of correspondence between teachers and parents/guardians.

Students who undertake tuition are committed for a whole semester. This provides students with an opportunity to develop skills on their chosen instrument or, if after a semester they feel unsuited to their instrument, they may change. This will occur with consultation between the parents, Instrumental Tutor and the Head of Music. It should be noted that parents are liable for the payment of a month's tuition fee if a student is removed from lessons without consultation.

Students must be prepared to discipline themselves to practise everyday, as this will ensure confident and consistent progress on their instrument. Lessons will take place during normal school hours on a specified day thus a student will miss part of a school lesson on that day.

If parents/guardians would like their child to learn an instrument, the required form is to be completed and returned to the Music Office.

#### Instruments

Instruments may be purchased or hired from a number of music shops, including Cecere's, Allans, Musicorp, Silver Keys & Strings, Presto Music and Size Music. The College owns some less common instruments including Bassoon, Oboe, French horn, Euphonium and Tuba. These may be hired by arrangement.